

## REMINDER FOR STUDENTS

Dear students!

**if you HAVE ARVI (acute respiratory viral infection) symptoms and you have DID NOT HAVE any contact with a COVID-19 patient, you must:**

- 1) Inform the head of your student group;
- 2) contact the USMU health center (Klyuchevskaya st., 5);
- 3) if you are at lecture immediately contact the health center of the USMU without waiting for the end of the lecture;
- 4) contact a call-center of your medical insurance provider;
- 5) in case of severe signs of suffocation, shortness of breath, high temperature (38.5 ° C), exacerbation of a chronic disease, call an ambulance by phone numbers 112 or 103.

**if you have been in contact with a patient with COVID-19 (with a laboratory-confirmed diagnosis), you must:**

- 1) inform the head of your student group about the contact with a COVID-19 patient and stay at the place of your residence in self-isolation for 14 days. The head of your student group passes this information to the dean's office;
- 2) being on self-isolation having the symptoms of the disease, it is necessary to contact a call-center of your medical insurance provider;
- 3) in case of severe signs of suffocation, shortness of breath, high temperature (38.5 ° C), exacerbation of a chronic disease, call an ambulance by phone numbers 112 or 103.
- 4) after 14 days of self-isolation attend the lectures if you don't have the manifestations of the disease. In this case the laboratory test for COVID-19 is not required.

Please inform the Dean's office for international students and the Office for International Education and Cooperation on changes to your health.