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**federal state budgetary educational institution
Higher Education "Ural State Medical University"
Ministry of Health of the Russian Federation**

Department of History, Economics and Law



APPROVED
Vice-Rector for
Educational Activities
A.A. Ushakov
Ушкова 2025
(UMU seal)

**Work program of the discipline
HISTORY OF RUSSIA**

Specialty: 31.05.01 General Medicine

Level of higher education: specialist

Qualification: General Practitioner

Ekaterinburg
2025

The curriculum for the History of Russia course is compiled in accordance with the requirements of the Federal State Educational Standard of Higher Education in the specialty 31.05.01 General Medicine (specialist level), approved by Order No. 988 of the Ministry of Science and Higher Education of the Russian Federation dated August 12, 2020.

The program was compiled by a team of authors from the Department of History, Economics and Law of the Federal State Budgetary Educational Institution of Higher Education Ural State Medical University of the Ministry of Health of the Russian Federation, consisting of:
PhD, Associate Professor. Airapetova I.V.
PhD, Associate Professor Shpeka K.A.
Senior Lecturer Ustinov A.L.

The program has been reviewed by:
PhD, Associate Professor E.V. Vlasova - Head of the Department of Philosophy, Bioethics and Cultural Studies at USMU

The work program was discussed and approved at the department meeting
21 March 2025 (protocol No. 6).

The program was approved by the Methodological Commission of the specialty "General Medicine " on 6 June 2025 (protocol No. 7).

1. The purpose of studying the discipline

Students acquire the necessary amount of theoretical and practical knowledge in history, so that graduates acquire competencies in accordance with the Federal State Educational Standard of Higher Education 3++ in the specialty " General Medicine", capable and ready to perform the work functions required by the standard.

To provide students with a basic understanding of the discipline "History of Russia" and to develop skills in analyzing the socio-economic patterns development of the world history and the history of Russia based on domestic and world historical traditions.

To develop the skills necessary to perform professional functions and carry out basic types of professional activities in the field of medicine.

To guide the development of personality in accordance with the principles of humanism and the fulfillment of medical duty.

2. Objectives of the discipline

1. the formation of a common civic identity in students, based on the understanding of a single cultural and historical space of national statehood at all its stages;

2. development of students' desire to contribute to solving global problems facing Russia;

3. to help the student acquire knowledge of historical facts – dates, places, participants and results of the most important events, as well as historical names and terms;

4. to develop a conscious attitude towards the history of Russia's past as a basis for the formation of historical consciousness, the education of a common civic identity and patriotism;

5. developing students' motivation to maintain health and lead a healthy lifestyle;

6. to develop in foreign students a respectful attitude toward the history of Russia as a host country, a caring attitude toward its cultural and historical heritage and historical memory;

3. The place of the discipline in the structure of the GEP

1. The course "History of Russia" is part of the core component of Block 1 "Disciplines (Modules)" of the curriculum for the specialty " General Medicine " (specialist level). It is studied in the first year.

The study of history involves acquiring humanities skills and competencies that will enable students to more consciously study specialized medical subjects.

2. Requirements for the initial knowledge of students beginning to study the discipline "History of Russia".

When starting to study the discipline "History of Russia", the student should already have certain knowledge and skills:

– basic concepts of historical thought;

– understand the social significance of their future profession, perform professional tasks in accordance with moral standards and professional ethics;

– think creatively and creatively solve professional problems, show initiative, including in risky situations, make optimal organizational and managerial decisions in everyday activities and non-standard situations, and take responsibility for them;

– skills of logical thinking, analysis, systematization, generalization, critical understanding of information, setting research problems and choosing ways to solve them.

3. In the process of studying the discipline "History of Russia", students must use their knowledge in the field of humanities studied within the framework of the school curriculum.

The discipline " History of Russia" is a precursor to disciplines whose study requires an understanding of the main stages of the historical development of society.

4. Requirements for the results of mastering the discipline

This work program is aimed at acquiring universal competencies, knowledge, skills, and abilities:

Category (group) of	Code and name of the universal	Code and name of the indicator of achievement of
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universal competencies	competence	universal competence, which is formed by the discipline
System and critical thinking	<p>UC-1</p> <p>Capable of carrying out a critical analysis of problematic situations based on a systems approach and developing an action strategy</p>	<p><u>ID. UC-1.1 Able to analyze a problematic situation as a system, identify its components and the connections between them</u></p> <p><u>ID. UC-1.2 Able to search for and interpret information necessary to solve a problematic situation; critically evaluate the reliability of information sources, and work with contradictory information</u></p> <p><u>ID. UC-1.3 Able to develop and substantively justify a strategy of action to solve a problematic situation based on a systemic and interdisciplinary approach</u></p> <p><u>ID. UC-1.4 Able to use logical and methodological tools to critically evaluate modern scientific achievements in the field of medicine, philosophical and social concepts in their professional activities</u></p> <p>ID. UC-1.5. Demonstrates information and data retrieval skills, and can analyze, transmit, and store information using digital tools, as well as using algorithms when working with data obtained from various sources.</p>
Intercultural interaction	<p>UC-5</p> <p>Able to analyze and take into account cultural diversity in the process of intercultural interaction</p>	<p><u>ID. UC-5.1 Able to interpret Russian history in the context of the global historical process</u></p> <p>ID. UC-5.2. Has an understanding of the rules, traditions, and norms of communication in foreign-speaking countries and understands the need to create a non-discriminatory professional environment.</p> <p>ID. UC-5.3 Able to build social and professional interactions taking into account international legislation in the field of healthcare and the specifics of intercultural interaction with representatives of other ethnic groups and faiths, and various social groups</p>

As a result of studying the discipline "History of Russia", the student must:

Know:

- the main patterns and trends of development of the world historical process.
- the most important milestones in the history of Russia, the place and role of Russia in the history of mankind and in the modern world.
- Methods and techniques of historical analysis of problems; forms of scientific historical knowledge.
- the influence of the domestic historical tradition on the development of medical knowledge and practices.
- principles of conducting discussions in conditions of pluralism of opinions and basic methods of conflict resolution.

Be able to:

- Competently and independently analyze and evaluate the social situation in Russia and globally, and conduct activities based on the results of this analysis. Ability to "link" events in Russia to specific events in world history and the ability to draw historical parallels.
- analyze socio-historical problems, be an active subject of public activity.
- build and maintain working relationships with other team members.
- transform information (historical and other facts) into knowledge, comprehend social processes in Russia and in the world in their dynamics and interconnections, guided by the principles of historicism.

- learn lessons from historical events and make informed decisions based on them.

Own:

- skills in expressing an independent point of view, analysis and logical thinking, public speaking, moral and ethical argumentation, and conducting discussions.
- skills and techniques of conducting polemics.
- skills of attentive listening to the opponent and respect for his opinion, tolerance for alternative positions and ideas.
- skills of careful treatment of cultural and historical monuments.

5. Volume and type of academic work

Types of educational work	Labor intensity (hours)		Semester 1	Semester 2
Classroom activities (total)	124		70	54
Including:				
Lectures	52		34	18
Practical classes	72		36	36
Laboratory work				
Independent work (total)	20		2	18
Forms of assessment for the discipline (differentiated credit)				
Total complexity of the discipline	Watch	CIU	72	72
	144	4		

6. Content of the discipline

6.1. Contents of the section and didactic unit

Contents of the discipline	The main content of the section, didactic unit
Section 1 History of Russia from ancient times to the end of the XIX century.	
DU 1. History and Society. History as a Science. Methodology of Historical Knowledge UC-1, UC-5	Problems of historical methodology. Social functions of history. General scientific and specialized research methods and their practical application in scientific work. Patterns of the historical process and criteria for understanding history. Fundamental theories of historical process studies. New approaches to the problem of "man in history and the surrounding world." Ideological and professional qualities of a physician. Tolerance and communication in medicine. Key periods of Russian history. Geographical boundaries of Russia at different stages of its history. Key historical documents of Russian history.
DU 2. Ancient Rus' UC-5	Formation of the territory of the Rus' state. Relations with the Byzantine Empire, the countries of Central, Western, and Northern Europe, and the nomads of the European steppes. Trade routes. The adoption of Christianity and its significance. Byzantine Empire and the Byzantine legacy in Rus'.
DU 3. Moscow Rus'. XIV–XVI centuries UC-5	Features of the formation of the Russian state. Main trends of socio-economic development in the XIV – XVI centuries. Government and society. Evolution of the political system of Muscovite Rus. Features of the estate-representative monarchy. The reign of Ivan IV .
DU 4. Russia in the XVII century UC-1, UC-5	The Time of Troubles of the early XVII century, its economic, political, and social consequences. The domestic policies of the first tsars of the Romanov dynasty. Church reform of the XVII century. The schism of the Russian Orthodox Church. Russia at the end of the XVII century.
DU 5. Russian Empire in the 18th century. UC-5	The era of Peter the Great. The birth of the Russian Empire. The development of Russian absolutism. The enlightened absolutism of Catherine II. The spiritual upheaval in Russian society in the XVIII century.
DU 6. Russian Empire in the XVIII - XVIII centuries. The beginning of modernization processes UC-5	Features of the socio-economic development of Russia in the first half of the XIX century. The Patriotic War of 1812. The domestic policy of Nicholas I. The abolition of serfdom and liberal reforms of the 1860s–70s. The industrial revolution in post-reform Russia and its social aspects. The socio-political

	struggle surrounding the choice of Russia's historical path. The emergence of a multi-party system. The revolutionary process of the early XX century. Features of Russian modernization in the XIX – XX centuries.
Section 2. History of Russia in the XX – early XXI centuries.	
DU 7. Russia in the context of social transformations (1900–1922) UC-1, UC-5	Russia at the beginning of the XX century. Russia in global affairs. The First Russian Revolution. World War I. The collapse of the monarchy. The Revolutions of 1917 and the Civil War. The creation of the USSR. The culture of the Silver Age.
DU 8. USSR in the 1920s–1930s	The NEP (New Economic Policy) in practice, its main directions, and its results. The Stalinist industrial modernization period: its essence, stages, methods, and results. USSR foreign policy.
DU-9. USSR during World War II and the Great Patriotic War. "No statute of limitations." UC-5	"No Statute of Limitations." The Great Patriotic War of the Soviet People. The stages, course, and major battles of the Great Patriotic War. The military and labor exploits of Soviet doctors during the Great Patriotic War. The results of the Great Patriotic War and the historical significance of the Soviet people's victory over Nazi Germany.
DU-10. USSR in the 1950s–1980s. UC-5	Attempts at reform in the 1950s–1980s. Methods and results of the activities of N.S. Khrushchev and L.I. Brezhnev. The era of stagnation and the development of a systemic crisis in the USSR (mid-1960s – mid-1980s). The USSR in a bipolar world.
DU-11. USSR and Russia in the late XX – early XXI centuries. UC-1, UC-5	The Perestroika period (1986–1991): the essence, stages, and causes of the collapse of the USSR. Features of economic and socio-political development in the post-Perestroika period. The modern Russian Federation. Russian society in the first quarter of the XXI century. SMO.

6.2. Controlled learning elements

When formulating learning outcomes for a discipline in the format of knowledge/abilities/skills, it is necessary to use descriptors of generalized work functions, work functions, work actions applied in professional standards, and descriptors of competencies and indicators of achievement of competencies applied in the Federal State Educational Standard.

Didactic unit (DU)	Controlled learning elements formed as a result of mastering a discipline with indication of indicators of achievement of competencies			Stage mastering competence
	Knowledge	Skills	Skills	
DU 1. History and Society. History as a Science. Methodology of Historical Knowledge	Methods of historical analysis of problems; forms of scientific historical knowledge. New theoretical approaches to the problem of "man in history." (ID. UC-1.1, ID. UC-5.1)	Highlight the historical information needed to solve a particular problem; Apply various principles and methods of historical knowledge to history; draw lessons from historical events and, based on these lessons, make informed decisions. (ID. UC-1.1 ID. UC-5.1)	Skills of analysis and logical thinking; Skills in reading humanities texts and working with professional and government documentation. (ID. UC-1.1 ID. UC-5.1)	basic
DU 2. Ancient Rus	Problems of Slavic ethno- and sociogenesis. Eastern Slavs in antiquity. Formation and development of the Old Russian state. Features of early feudal relations in Ancient Rus'. The culture of Ancient Rus'. The Tatar-Mongol invasion. Russia between West and East (ID. UC-5.1)	Learn from historical events and make informed decisions based on these lessons; accurately assess the social situation in Russia; and conduct activities based on the results of this analysis. (ID. UC-5.1)	Skills and techniques for conducting debate; skills of attentive listening to the opponent and respect for his opinion, tolerance for other ideologies. (ID. UC-5.1)	

<p>DU 3. Muscovite Rus. XIV – XVI centuries.</p>	<p>Features of the formation of the Russian state. Main trends of socio-economic development in the XIV – XVI centuries. Government and society. Evolution of the political system of Muscovite Rus'. (ID. UC-5.1)</p>	<p>Analyze socio-historical problems; be an active participant in public life; identify historical information necessary for studying Muscovite Rus'. (ID. UC-5.1)</p>	<p>Skills in attentive listening to the opponent and respecting their opinions; Proficiency in reading and working with published historical sources (ID. UC-5.1)</p>
<p>DU 4. Russia in the 17th century</p>	<p>Features of the class-representative structure of the first tsars of the Romanov dynasty. Russia at the end of the XVII century. (ID. UC-1.2, ID. UC-5.1)</p>	<p>Select the historical information necessary for studying the first tsars of the Romanov dynasty and Russia at the end of the XVII century. (ID. UC-1.2 ID. UC-5.1)</p>	<p>Skills in attentive listening to the opponent and respecting their opinions; Mastery of the methodology of reading and working with published historical sources (ID. UC-1.2, ID. UC-5.1)</p>
<p>DU 5. Russian Empire in the 18th century.</p>	<p>The era of Peter the Great. The birth of the Russian Empire. The era of palace coups. Catherine II's Enlightened Absolutism (ID. UC-5.1)</p>	<p>Learn from historical events and make informed decisions based on them; effectively search for information sources and criticize them; transform information into knowledge. (ID. UC-5.1)</p>	<p>Skills in reading and working with government documentation; principles of conducting discussions in a pluralistic environment and basic methods of conflict resolution. (ID. UC-5.1)</p>
<p>DU 6. Russian Empire in the 10th -9th centuries. The beginning of modernization processes</p>	<p>Features of the socio-economic development of Russia in the first half of the XIX century. The Patriotic War of 1812. The abolition of serfdom and liberal reforms of the 1860s–70s. Industrial revolution in post-reform Russia and its social aspects. Russia. (ID. UC-5.1)</p>	<p>To understand social processes in Russia and the world in their dynamics and interconnections, guided by the principles of historicism. (ID. UC-5.1)</p>	<p>Skills in reading and working with government documentation; principles of conducting discussions in a pluralistic environment and basic methods of conflict resolution. (ID. UC-5.1)</p>
<p>DU 7. Russia in the context of social transformations (1900–1922)</p>	<p>Features of Russian modernization at the turn of the XIX-XX centuries. The Revolution of 1905. The Russo-Japanese War. The Third June Monarchy. The Revolution of 1917. Russia's participation in World War I. Civil War and intervention. Formation of the</p>	<p>Learn from historical events and make informed decisions based on these lessons; accurately assess the social situation in Russia; and conduct activities based on the results of this analysis. (ID. UC-1.3, ID. UC-5.1)</p>	<p>Skills in expressing an independent point of view, public speaking, moral and ethical argumentation; skills in caring for cultural and historical monuments (ID. UC-1.3, ID. UC-5.1)</p>

	USSR (ID. UC-1.3, ID. UC-5.1)		
DU 8. USSR in the 1920s–1930s	The New Economic Policy (NEP), the period of Stalin's industrial modernization. Dispossession of the kulaks, forced collectivization, and repressions (ID. UC-5.1)	Learn from historical events and make informed decisions based on these lessons; competently assess the social situation in Russia; and conduct activities based on the results of this analysis. (ID. UC-5.1)	Skills in expressing an independent point of view, public speaking, and moral and ethical argumentation; skills in caring for cultural and historical monuments (ID. UC-5.1)
DU-9. USSR during World War II and the Great Patriotic War. "No statute of limitations."	"No Statute of Limitations." The Great Patriotic War of the Soviet People. The stages, course, and major battles of the Great Patriotic War. The military and labor exploits of Soviet doctors during the Great Patriotic War. The results of the Great Patriotic War and the historical significance of the Soviet people's victory over Nazi Germany. (ID. UC-5.1)	Learn from historical events and make informed decisions based on them Competently assess the social situation in Russia and conduct their activities taking into account the results of this analysis. (ID. UC-5.1)	Skills in reading humanities texts and working with government documentation skills and techniques of conducting polemics. Skills of attentive listening to the opponent and respect for their opinions, tolerance for other ideologies. (ID. UC-5.1)
DU-10. USSR in the 1950s–1980s.	Attempts at reform in the 1950s–1980s. The apogee of Stalinism. The "Thaw" in socioeconomic and spiritual life. The " 20th Congress syndrome" and its overcoming. "Stagnation." Economic reforms of the mid-1960s. The policy of "détente" and its collapse. (ID. UC-5.1)	Analyze socio-historical problems and be an active participant in public life. (ID. UC-5.1)	Skills in expressing an independent point of view, analysis and logical thinking, public speaking. (ID. UC-5.1)
DU-11. USSR and Russia in the late XX – early XXI centuries.	The Perestroika Period, 1985–1991. Glasnost, acceleration, and "new thinking." Crisis and collapse of the global socialist system. The "Parade of Sovereignties." Novo-Ogaryovo, the August Putsch, and the collapse of the USSR. The political crisis of 1993. Political and socioeconomic development of Russia in the late XX – early XXI centuries. (ID. UC-1.4, ID. UC-5.1)	Transform information (historical and other facts) into knowledge, comprehend social processes in the world based on historical tradition (ID. UC-1.4, ID. UC-5.1)	Skills and techniques of conducting polemics. - skills of attentive listening to the opponent and respect for his opinion (ID. UC-1.4, ID. UC-5.1)

6.3. Sections of the discipline (SCD), types of classes and workload in hours

Disciplinary module/section number	No. of didactic unit	Hours by type of activity			Total:
		Lectures	Practical classes	The work itself	
Section 1 History of Russia from ancient times to the end of the XIX century.	DU 1. History and Society. History as a Science. Methodology of Historical Knowledge	4	4		8
	DU 2. Ancient Rus	8	8		16
	DU 3. Muscovite Rus. XIV–XVI centuries.	4	4		8
	DU 4. Russia in the XVII century	6	6		12
	DU 5. Russian Empire in the XVIII century.	6	6	1	13
	DU 6. Russian Empire in the XVIII - XIX centuries. The beginning of modernization processes	6	8	1	15
	Summary of the 2nd semester	34	36	2	72
Section 2. History of Russia in the XX – early XXI centuries.	DU 7. Russia in the context of social transformations (1900–1922)	4	10	4	18
	DU 8. USSR in the 1920s–1930s	4	6	4	14
	DU-9. USSR during World War II and the Great Patriotic War. "No statute of limitations."	2	6	4	12
	DU-10. USSR in the 1950s–1980s.	4	8	4	16
	DU-11. USSR and Russia in the late XX – early XXI centuries.	4	6	2	12
	Summary of the 3rd semester	18	36	18	72
TOTAL		50	66	28	144

7. Approximate topics (if any):

7.1. Coursework

Not included in the curriculum

7.2. Educational, research, creative works

Not provided curriculum

7.3. Abstracts

Not included in the curriculum

8. Resource provision

The department has the human resources to guarantee high-quality specialist training in accordance with the requirements of the Federal State Educational Standard for Higher Education in the specialty 31.05.01 General Medicine. With diligent study, students will acquire the knowledge, skills, and abilities necessary for the qualification level required of graduates in the specialty.

8.1. Educational technologies

Students complete academic assignments both individually and in teams (5-7 people) using discussion and brainstorming techniques. Students work independently with online resources and solve situational problems. Gamification and game technologies are actively used.

Independent work with literature is provided.

The educational process uses practical classes, situational tasks and test control assignments for practical classes.

Electronic information and educational environment: educational, educational and methodological information is presented on the educational portal <http://edu.usma.ru>, all students have access to electronic educational resources (electronic catalog and electronic library of the university, electronic library system "Student Consultant", "Urait", "Lan", "Book Up »).

8.2. Material and technical equipment

The classrooms are equipped with desks, work tables, chairs, a wall-mounted chalkboard, multimedia equipment, a hanging screen, computers, and a projector.

Computer equipment with an Internet connection and access to the university's electronic information and educational environment.

The full teaching and methodological complex for this discipline is available on the educational portal edu.usma.ru with individual access for all students in the GEP – General Medicine.

8.3. List of licensed software

8.3.1. System software

8.3.1.1. Server software :

- VMware vCenterServer 5 Standard, license term: perpetual; VMware vSphere 5 EnterprisePlus , license term: perpetual, agreement No. 31502097527 dated March 30, 2015, Krona-KS LLC;

- Windows Server 2003 Standard No. 41964863 dated March 26, 2007, No. 43143029 dated December 5, 2007, license validity period: unlimited;

- Windows Server 2019 Standard (32 cores), license agreement No. V9657951 dated August 25, 2020, license validity period: perpetual, Microsoft Corporation;

- ExchangeServer 2007 Standard (license no. 42348959 from 06/26/2007, license validity period: unlimited);

- SQL ServerStandard 2005 (license no. 42348959 dated 06/26/2007, license validity period: unlimited);

- CiscoCallManager v10.5 (agreement No. 31401301256 dated July 22, 2014, license validity period: indefinite), Mikrotest LLC;

- Ideco UTM Enterprise Edition Security Gateway (license no. 109907 dated November 24, 2020, license validity period: indefinite), Ideco LLC;

- Antivirus software Kaspersky Endpoint Security for Business (1100 users) (agreement No. 32514755780 dated 06.05.2025, license validity period: until 13.06.2027, Exact LLC).

8.3.1.2. Personal computer operating systems:

- Windows 7 Pro (OpenLicense No. 45853269 from 02.09.2009, No. 46759882 from 04.09.2010, No. 46962403 from 05.28.2010, No. 47369625 from 09.03.2010, No. 47849166 from 12/21/2010, No. 47849165 from 12/21/2010, No. 48457468 from 05/04/2011, No. 49117440 from 10/03/2011, No. 49155878 from 12.10.2011, No. 49472004 dated 20.12.2011), license validity period: indefinitely);

- Windows7 Starter (OpenLicense No. 46759882 from 04/09/2010, No. 49155878 from 10/12/2011, No. 49472004 from 12/20/2011, license validity period: indefinite);

- Windows 8 (OpenLicense No. 61834837 dated 04/09/2010, license validity period: indefinite);

- Windows 8 Pro (OpenLicense No. 61834837 dated 04/24/2013, No. 61293953 dated 12/17/2012, license validity period: perpetual);

8.3.2. Application software

8.3.2.1. Office programs

- OfficeStandard 2007 (OpenLicense No. 43219400 dated 12/18/2007, No. 46299303 dated 12/21/2009, license validity period: unlimited);

- OfficeProfessionalPlus 2007 (OpenLicense No. 42348959 dated June 26, 2007, No. 46299303 dated December 21, 2009, license validity period: unlimited);

- OfficeStandard 2013 (OpenLicense No. 61293953 dated 12/17/2012, No. 49472004 dated 12/20/2011, No. 61822987 dated 04/22/2013, No. 64496996 dated 12/12/2014, No. 64914420 dated 03/16/2015, license validity period: indefinite);

8.3.2.2. Data processing programs, information systems

- Software " TANDEM.University " (license certificate No. UGMU/21 dated 12/22/2021, license validity period: indefinite), Tandem IS LLC;

- iSpring Suite Concurrent software , concurrent license for 4 users (agreement No. 916-1 dated July 30, 2025, Richmedia LLC). The license is valid until July 30, 2026;

- Software for organizing and conducting webinars Videoconferencing server PART_CUSTOM_PC-3300 (Registry entry No. 14460 dated 08/08/2022), for 10,000 users (Agreement No. 32515088751 dated 08/18/2025, Infosafe LLC) . The license is valid until 08/29/2026;

- Access to the Kinescope media archive storage and distribution system for 100 users (Agreement No. 32514918890 dated June 26, 2025, PTBO LLC). The license is valid until August 29, 2026.

9. Educational, methodological and informational support of the discipline

9.1. Basic Literature

9.1.1. Electronic educational publications (textbooks, teaching aids).

1. Volkov, V. A. History of Russia from Ancient Times to the End of the 17th Century: Textbook and Workshop for Universities / V. A. Volkov. - Moscow: Yurait Publishing House, 2025. - 452 p. - (Higher Education). - ISBN 978-5-534-03907-8. - Text: electronic // Yurait Educational Platform [website]. - URL: <https://urait.ru/bcode/560456/>

2. Zuev, M. N. History of Russia: a textbook and practical course for universities / M. N. Zuev, S. Ya. Lavrenov. - 5th ed., corrected . and additional. - Moscow: URAYT Publishing House , 2025. - 706 p. - (Higher education). - ISBN 978-5-534-15320-0. - Text: electronic // URAYT Educational Platform [website]. - URL: <https://urait.ru/bcode/559581/>

3. Zuev, M. N. History of Russia before the 20th century: a textbook and practical course for universities / M. N. Zuev, S. Ya. Lavrenov. - 5th ed., corrected . and additional. - Moscow: URAYT Publishing House , 2025. - 353 p. - (Higher education). - ISBN 978-5-534-16249-3. - Text: electronic // URAYT Educational Platform [website]. - URL: <https://urait.ru/bcode/561712/>

4. History of Russia: a textbook for universities: in 2 parts / Ed. Yu. A. Petrov. - M.: Nauka, 2024. - 590 p. - ISBN 978-5-02-041129-6 <https://usma.ru/library-usma/>

5. History of Russia before the 20th century: a textbook for universities / edited by D. O. Churakov, S. A. Sarkisyan. — 3rd ed., revised and enlarged. — Moscow: Yurait Publishing House , 2025. — 241 p. — (Higher education). — ISBN 978-5-534-19254-4. — Text: electronic // Yurait Educational Platform [website]. — URL: <https://urait.ru/bcode/560985/>

6. Kasyanov, V. V. History of Russia: a textbook for universities / V. V. Kasyanov. - 3rd ed., revised and enlarged. - Moscow: URAYT Publishing House , 2025. - 274 p. - (Higher education). - ISBN 978-5-534-18529-4. - Text: electronic // URAYT Educational Platform [website]. - URL: <https://urait.ru/bcode/565193/>

7. Kutepov, V. A. Military history: a textbook for universities / V. A. Kutepov, K. A. Grymzin , V. A. Maslyakov. - 3rd ed., revised and enlarged. - Moscow: Yurait Publishing House , 2025. - 301 p. [et al.]; edited by A. V. Sidorov. - 2nd ed., revised and enlarged . - Moscow: Yurait Publishing House , 2021. - 404 p. - (Higher education). - ISBN 978-5-534-09044-4. - Text: electronic // Yurait Educational Platform [website]. - URL: <https://urait.ru/bcode/470225/>

8. The Modern History of Russia. 1914-1941: A Textbook for Universities / Edited by M. V. Khodyakov . — 8th ed., revised and enlarged. — Moscow: Yurait Publishing House , 2025. — 270 p. — (Higher Education). — ISBN 978-5-534-18469-3. — Text: electronic // Yurait Educational Platform [website]. — URL: <https://urait.ru/bcode/561874/>

9. Pavlenko, N. I. History of Russia from Ancient Times to the End of the 17th Century (with Maps): Textbook for Universities / N. I. Pavlenko, I. L. Andreev; edited by N. I. Pavlenko. - 6th ed., revised . and enlarged. - Moscow: URAYT Publishing House, 2025. - 247 p. - (Higher Education). - ISBN 978-5-534-02829-4. - Text: electronic // URAYT Educational Platform [website]. - URL: <https://urait.ru/bcode/561122/>

10. Pryadein, V. S. History of Russia in Diagrams, Tables, and Terms: A Textbook for Universities / V. S. Pryadein; Edited by V. M. Kirillov. Moscow: Yurait Publishing House , 2025. 107 p. (Higher Education). ISBN 978-5-534-05439-2. Text: Electronic // Yurait Educational Platform [Website]. URL: <https://urait.ru/bcode/564193/>

11. Soloviev, E. A. Actual issues of Russian history at the beginning of the 20th century: a textbook for universities / E. A. Soloviev, V. V. Blokhin, L. A. Novikova; edited by V. M. Kozmenko. - 2nd ed., reprinted. - Moscow: URAYT Publishing House, 2025. - 151 p. - (Higher education). - ISBN 978-5-534-21090-3. - Text: electronic // URAYT Educational Platform [website]. - URL: <https://urait.ru/bcode/559313/>

Available in the USMU library - Unlimited access

9.1.2. Electronic databases to which access is provided.

The Student Consultant electronic library system . Access to the following sets: "Medicine. Healthcare. Higher Education (Basic Set)," "Medicine. Healthcare. Higher Education (Premium Set)," and "Medicine (Higher Education) GEOTAR-Media. Books in English." Link to the resource: <https://www.studentlibrary.ru/>

Electronic library system " Book" Up » , access to the "Large Medical Library" collection. Link to the resource: <https://www.books-up.ru/>

LLC " Bukap " Agreement No. BMB for the provision of free services for the placement of electronic publications dated April 18, 2022. Valid until April 18, 2027.

Lan Electronic Library System , access to the Network Electronic Library collection. Link to resource: <https://e.lanbook.com/> LAN Electronic Library System , LLC

Agreement No. SEB 1/2022 for the provision of services dated November 1, 2022. Valid until: 31.12.2026.

Educational platform " Urait . " Link to the resource: <https://urait.ru/> LLC "Electronic Publishing House YURAYT"

USMU Electronic Library, an institutional repository on the DSpace platform . Link to the resource: <http://elib.usma.ru/>

Regulations on the electronic library of the Federal State Budgetary Educational Institution of Higher Education Ural State Medical University of the Ministry of Health of the Russian Federation, approved and put into effect by the order of the rector of the Federal State Budgetary Educational Institution of Higher Education Ural State Medical University of the Ministry of Health of the Russian Federation, O.P. Kovtun, dated June 1, 2022, No. 212-r

Installation and Configuration Agreement No. 670 dated March 1, 2018
Validity period: unlimited

The IVIS Universal Database of Electronic Periodicals provides access to a customized collection of scientific medical journals. Link to the resource: <https://dlib.eastview.com/basic/details>

Centralized subscription

Springer Nature Electronic Resources:

- Springer **Journals database** , containing full-text journals from Springer in various fields of knowledge (2021 issues).

Link to resource: <https://link.springer.com/>

- Springer **Journals database Archive** , containing full-text journals from Springer on various fields of knowledge (archive of issues from 1946 to 1996).

Link to resource: <https://link.springer.com/>

Journals database , containing full-text journals of the Nature Publishing Group - the Nature journals collection , Academic journals , Scientific American , Palgrave Macmillan (2021 editions).

Link to resource: <https://www.nature.com>

Validity period: unlimited

- Springer **Journals database** , containing full-text journals from Springer (2022 issues), collections: Medicine , Engineering, History , Law & Criminology , Business & Management, Physics & Astronomy .

Link to resource: <https://link.springer.com/>

- **Adis database Journals** , containing full-text Adis journals from Springer Nature in

medicine and other related medical fields (2022 issues).

Link to resource: <https://link.springer.com/>

Validity period: unlimited

- **Springer database Journals** , containing full-text journals from Springer (2022 issues), collections: Biomedical & Life Science , Chemistry & Materials Science , Computer Science , Earth & Environmental Science .

Link to resource: <https://link.springer.com/>

- the Nature **Journals database** , containing full-text journals of the Nature Publishing Group , namely the Nature journals collection (2022 issues).

Link to resource: <https://www.nature.com>

Validity period: unlimited

Springer database Journals , containing full-text journals from Springer (2022 issues), collections: Architecture and Design , Behavioral Science & Psychology , Education , Economics and Finance , Literature , Cultural & Media Studies , Mathematics & Statistic .

Link to resource: <https://link.springer.com/>

Journals database , containing full-text journals of the Nature Publishing Group, Academic collection journals , Scientific American , Palgrave Macmillan (2022 editions).

Links to the resource: 1. <https://www.nature.com> ; 2. <https://link.springer.com>

Term actions : indefinite

- **base eBook Collections data** (ie **2020** eBook collections) published by Springer Nature – a company of Springer Nature Customer Service Center GmbH.

Link to resource: <https://link.springer.com/>

Term actions : indefinite

- **base eBook Collections data** (ie **2021** eBook collections) published by Springer Nature – a company of Springer Nature Customer Service Center GmbH.

Link to resource: <https://link.springer.com/>

Term actions : indefinite

- **base eBook Collections data** (ie **2022** eBook collections) published by Springer Nature – a company of Springer Nature Customer Service Center GmbH.

Link to resource: <https://link.springer.com/>

Term actions : indefinite

- **base eBook Collections data** (ie **2023** eBook collections) published by Springer Nature Customer Service Center GmbH.

Link to resource: <https://link.springer.com/>

Validity period: unlimited

- Springer **Journals database** , containing full-text journals from Springer (publication year 2023), namely the Life Sciences Package thematic **collection** .

Link on resource : <https://link.springer.com/>

- **base Nature Journals data** containing full-text Nature Publishing Group journals , and exactly Nature journals , Academic journals, Scientific American (year publications - 2023) thematic Life Sciences Package collections .

Link to resource: <https://www.nature.com>

- **Adis database Journals** , containing full-text journals from Springer Nature, namely Adis journals (year of publication - 2023) from the Life thematic collection Sciences Package .

Link to resource: <https://link.springer.com/>

Validity period: unlimited

- **the Springer Journals database**, containing full-text journals from Springer (published in 2023), namely the Social Sciences Package thematic collection.

Link on resource : <https://link.springer.com/>

- **base Nature Journals data** containing full-text Nature Publishing Group journals , and exactly Palgrave Macmillan magazines (year publications - 2023) thematic Social Sciences Package collections .

Link to resource: <https://www.nature.com>

Validity period: unlimited

- **the Springer Journals database**, containing full-text journals from Springer (publication year 2023), namely the Physical subject collections Sciences & Engineering Package .

Link to resource: <https://link.springer.com/>

- **the Nature Journals database** , containing full-text journals of the Nature Publishing Group, namely the Nature Journals (year of publication - 2023) of the Physical thematic collection Sciences & Engineering Package .

Link to resource: <https://www.nature.com>

Validity period: unlimited

9.2. Further reading

9.2.1. Teaching aids (training assignments)

1. Shaposhnikov, G. N. History of the Fatherland: plans for seminars and guidelines for students of medical and pharmaceutical universities. 2nd edition, revised / G. N. Shaposhnikov. - Ekaterinburg: USMU, 2016. - 152 p. - Text: Electronic // USMU Electronic Library: [website] URL: <http://elib.usma.ru/handle/usma/1010> Availability in the USMU library - Unlimited access

2. 20 games on history / G. N. Shaposhnikov, I. V. Airapetova, A. L. Ustinov [and others]. - Ekaterinburg: USMU, 2015. - 224 p. - Text: electronic// USMU Electronic Library: [site]. URL: <http://elib.usma.ru/handle/usma/978> Availability in the USMU library Unlimited access

10. Assessment in the discipline

Assessment of students is carried out in accordance with the developed point -rating system for assessing the academic achievements of students in the discipline.

The system is based on criteria-based assessment technology, in accordance with which the processes of formative assessment and summative assessment of students' academic achievements, as well as the presentation of final assessment results for the discipline, are planned and organized.

As part of ongoing monitoring of academic performance in a discipline or practical training, the teacher organizes and carries out summative assessment during the midterm assessment process by assessing the knowledge, skills, abilities, and elements of competencies acquired by students.

The result of current academic performance monitoring is the number of rating points received by a student during the semester, in the range of 60 – 100.

11. Fund of assessment tools for the discipline

An electronic course on the subject "History of Russia" is available at <https://edu.usma.ru/course/view.php?id=1303> .

Control tests, independent work, situational and practical problems for 11 modules of the discipline.

For the assessment fund, see the appendix to the DWP.